

Shabbat Re'eh 5784

The Men's New Singing Group, with Paul Salter,

is now open to all male residents.

the new look will include listening to chazanut and Jewish music, as well as group singing of nigunim from the liturgy - favourite Shabbat, Yamim Noraim, Hallel, and regular weekday tunes! If you like shul music this is the group for you! Come along!



To Residents, Caregivers, Staff, and Guests,

The rules below are necessary to maintain sanitary conditions in the dining room:

1. **Salad Bar** – use only the serving spoons. Do not take with your hands.
2. **On Shabbat** – no taking food from the wagons: no self-serving soup, no taking prepared plates of food or desserts. Only the waiters are allowed to serve food. Please remain seated. The waiters will serve you.



Coming up soon...

- ◆ **Make-up Workshop with Raisie – Tuesday, September 10th**
- ◆ **Trip to the Weizman Institute in Rechovot – Thursday, September 12th**
- ◆ **Kotel Trip – Tuesday, September 17th**

Shabbat Parshat Re'eh 5784
Shabbat Mevarchin
Rabbi Mordechai Kreuzer
Rabbi Yisrael Seletski (Manager on Duty)

Friday, 26th of Av, 5784, August 30th , 2024

7:30 am – Shacharit

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Salomon – Hebrew (Golan)

11:30 am - "Parshat Hashavua" with Rabbi Adler – English (Golan)

11:00 am -12:00 pm - Swimming for Men

1:00 pm - The English Library is open

5:24 pm - Minchah (Lobby)

Candle Lighting NOT BEFORE Plag Haminchah **5:44 pm** and until **6:29**

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:31 pm

6:04 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)



Shabbat, 27th of Av, 5784, August 31st 2024

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:00 am - "Parshat Hashavua" with Rabbi Israel Gad Seletzki- English (Beit Haknesset)

11:30 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

1:00 pm – Seudat Shabbat (Dining Room)

4:25 pm – "Parshat Hashavua" - English (Golan)

5:25 pm – "Parshat Hashavua" - Hebrew (Golan)

6:25 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

7:41 pm – **End of Shabbat.** Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby.

Shavua Tov!!!!!!!

Sunday 28th of Av, 5784, September 1st , 2024

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "The Horses of Elul" with Rabbi Eliyahu Gut - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – Exercise for Women with Esti (Golan)

11:00 am – Felting Workshop (Part 1 of 2)(Coffee Shop) Relaxing art Workshop with Yarn and special needles

Registration at the Reception – Places Limited

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

2:00 pm – Tehillim for Women together with Lobby Group (Lobby 3)

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

**4:30 pm –Afternoon Concert with Chazan and singer Shmuel Krisher
(Lobby)**



5:30 pm - "Chazanut and More"- Men's Singing Group, with Paul Salter (Coffee Shop)

5:30 pm – "Tehillim" Shiur for women with Ita Schneider-English (Lobby 2)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Theater, Drama, Movement and Acting" with Paulina- Women - Hebrew and English (Golan)

6:45 pm – Mincha

7:00 pm – Shiur Gemara with Rabbi Salomon

7:30 pm – Nature Film (Coffee Shop)

7:45 pm – Maariv

Monday, 29th of Av, 5784, September 2nd, 2024

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit

8:15 am – Water Exercise for Women

10:00 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:15 am –Exercise for Women with Esti (Golan)

10:45 am – "Kuzari" shiur with Rabbi David Biber- Hebrew (Beit Haknesset)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Brachi (Coffee Shop)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Kyrgyzstan: a tiny country in the post-Soviet space, in the heart of Central Asia. Wonderful lakes, high mountains... and a complex human reality with Eitan Simanor - English (Golan)

5:30 pm Kyrgyzstan: a tiny country in the post-Soviet space, in the heart of Central Asia. Wonderful lakes, high mountains... and a complex human reality with Eitan Simanor -Hebrew (Golan)

6:30 pm – Yom Kippur Katan and Mincha (Beit Haknesset) Women's section Open

7:10 pm – Shiur Gemara with Rabbi Salomon

7:40 pm - Maariv

8:00 pm – Movie Night "**Mrs Harris Goes to Paris**" (2022) (Golan) **English with English subtitles**

In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one. She embarks on an adventure to Paris that will change not only her own outlook -- but the very future of the House of Dior. Comedy Starring Leslie Manville

Tuesday, 30th of Av, 5784, September 3rd, 2024
First Day of Rosh Chodesh Elul

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Sefer Chofetz Chaim – Laws of Guarding Your Tongue" with Rabbi Shechter -
English (Coffee Shop) Men & Women

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:30 am – Tehillim Shiur with Dr. Devora Ushpizai – Hebrew (Golan)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:00 am – "How to Deal with the Bureaucracy of Kupat Cholim"
with Devora Feller (medical secretary) – English (Coffee Shop)

You are welcome to bring your questions to Devorah in the Clinic so she can address them in the lecture.

11:30 am- Yiddish Reading Group- led by Resident Eliyahu Tanis (Golan) Day Change

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Hakneset)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Pirkei Avot" with Rabbi Ullman – English (Golan)

5:30 pm – "Halacha & Parashat Hashavua" with Rabbi Salomon – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – "Smartphones, AI, Computers and more" with Ezra Shapira- English (Golan)

6:45 pm – Mincha

7:00 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Hakneset)

7:25 pm – "Smartphones, AI, Computers and more" with Ezra Shapira- Hebrew (Golan)

7:40 pm - Ma'ariv



Wednesday, 1st of Elul, 5784, September 4th, 2024 2nd Day Rosh Chodesh Elul

7:00 – 09:00 am – Free Swimming for **Women**.

7:30 am – Shacharit

**9:00 am –13:00 pm – Tali's Sale: Women's clothing and undergarments,
(Coffee shop)**

9:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2)

**9:30 am – Advanced Bone Building Exercise Class - For physically fit women (Nehora Studio) –
Time Change**

9:30 –10:30 am – Exercise Gym open for **Men**

10:15 am– Women sing the Hallel with musical accompaniment by Sara Cohen (Golan)

10:00 am – "Gemara" with Rabbi Shechter -English (Beit Haknesset)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:45 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

11:45 am – "Exercise for Women" with Leora (Golan)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Customs of Elul and Songs of Elul " with Rabbi Aaron Adler and his guitar-
English (Golan)**

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita
Schneider- Women -English (Coffee Shop)



5:30 pm – Customs of Elul and Songs of Elul " with Rabbi Aaron Adler and his guitar-
Hebrew (Golan)

5:45 pm – "In-depth Gemara Shiur in English" with Rabbi Ullman – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

6:45pm – Mincha

7:00 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Coffee Shop)

7:40 pm - Ma'ariv

Thursday, 2nd of Elul ,5784, September 5th, 2024

7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am –Shacharit

8:15 am – Water Exercise for Women

9:00 –10:00 am – Exercise Gym open for **Men**

9:55 am – "Tai Chi" with Ari Breslau (Golan)

10:00 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

11:00 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Coffee Shop)

11:30 am – Israeli Folk Dancing with Batsheva -**Women (Golan)**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3) *Additional Tehillim For Time of War*

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Parshat Hashavua" with Rabbi Davidowitz – English (Golan)

5:30 pm – "Parshat Hashavua" with Rabbi Davidowitz – Hebrew (Golan)



**6:30 pm - Thursday Afternoon on the Golan patio.
Cool refreshments in the pleasant afternoon breeze.
Musical accompaniment by Nurit Kartin**



6:45 pm – Mincha

7:00 pm – Shiur Gemara with Rabbi Natan Shapira

7:40 pm – Ma'ariv

8:00 pm – Movie Night "**Mrs Harris Goes to Paris**" (2022) (Golan) **English with Hebrew subtitles**

In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one. She embarks on an adventure to Paris that will change not only her own outlook -- but the very future of the House of Dior. Comedy Starring Leslie Manville

Friday, 3rd of Elul, 5784, September 6th, 2024

7:30 am – Shacharit

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Hakneset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am – "Parshat Hashavua" with Rabbi Ullman – English (Golan)

11:00 am-12:00 pm- Swimming for Men

1:00 pm - The English Library is open



Speedy Recovery to our dear residents who are hospitalized:

Shimon Tager

Liba Gotessman

Chaya Milstein

Condolences

Beit Tovei Hai'r and its residents share in the grief of **Aviva Sternberg**

Upon the passing of her husband

Rabbi Professor Shlomo Sternberg A"H

May you be comforted among the mourners of Zion and Jerusalem



Name _____ Apartment _____

Yiddle Riddles

By Rabbi Shlomo Estrin

Answer the following questions and return to the reception for a chance to win a raffle prize:

1. The Torah warns us several times not to eat the blood,

And the Torah even says the reason why,
 Not because it's beastly or it's tamei or it's gross,
 But because of something that it has inside.
 What?

2. In Egypt, in a way, we were the first ones freed,
 In the Midbar we avoided two great wrongs,
 Our home is Eretz Yisrael, but we possess no deed,
 But in its place we were given songs.
 Who are we?
-

3. My start is homes and roads and stores,
 My middle is idols, right outdoors,
 My ending is destruction right down to my core,
 And a pile stacked with rubble ever-more.
 What am I?
-

4. I'm stopped by a roof, but not by a wall,
 There's many who earnestly pray for my fall,
 At times I am gentle, at times I have might,
 At times I'm escorted by great bursts of light.
 What am I?
-

Davening Hours

Shacharit –Berachot 07:20 AM,
 Hodu 07:30 AM,
 Minchah -6:45 PM
 Maa'riv – 7:40 PM

Tehillim for women

Sunday-Thursday
 Lobby 3 – 2:00 pm
 Lobby – 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
 (arrive by 1:15)
 Coffee & Cake- 4:00 PM

Swimming

Women:
 Sunday-Thursday 07:00-09:00
Men:
Sun and Thurs 3:00pm-4:00 pm
Friday- 11:00-12:00

Meal Distribution Hours
Room Service

Breakfast: 07:45-09:00
 Lunch: 12:00-1:00
 Dinner :5:30-6:30

Take Away

Breakfast: 07:45-08:15
 Lunch: 12:00-12:30

Opening hours of Eitan's
Minimarket (on level -1)
Tel. 8104

Week days 07:30-10:00 am
 Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's
Coffee Stand in the Lobby

Week days 10:00 AM-1:00 PM
 4:00-6:00 PM
 Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Thursday , every other
 Monday

in Nehora Wellness Center.

Make your appointment
 at the front desk

Medical Accessories Gemach

open in the clinic

please speak with Sima or Pessi

CLINIC HOURS

Weekdays

09:00 am- 1:00pm
 3:00-6:00 pm

Friday

09:00 am- 1:00pm