

# Trip to the Weitzman Institute, in Rechovot

Thursday, 9<sup>th</sup> of Elul, September 12<sup>th</sup>

## Program:

- \* Tour of the new visitors' center of the Weizmann Institute
- \* Guided tour and film in the home of President Chaim Weizmann
- \* Picnic Lunch in The Legacy Square in The Clore Garden of Science



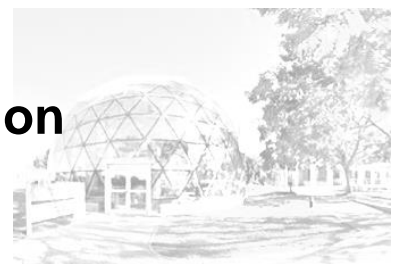
Departure from "Beit Tovei Ha'ir" at 9:30 am

Approximate return at 16:00 pm.

Cost: 210 Shekels.

*(If there will be more than 20 participants, the price will go  
down to 180 NIS)*

Registration at Reception





**Shabbat Parshat Shoftim 5784**  
**Rabbi Mordechai Kreuzer**  
**Rabbi Yisrael Gad Seletski (Manager on Duty)**

**Friday, 3<sup>rd</sup> of Elul, 5784, September 6<sup>th</sup>, 2024**

7:30 am – Shacharit

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am - "Parshat Hashavua" with Rabbi Ullman – English (Golan)

**11:00 am -12:00 pm - Swimming for Men**

**1:00 pm** - The English Library is open



**5:15 pm** – Minchah (Lobby)

Candle Lighting NOT BEFORE Plag Haminchah **5:37 pm** and until 6:21 **pm**

**Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:18 pm**

**5:55 pm** – **Kabbalat Shabbat** (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

**Shabbat, 4<sup>th</sup> of Elul, 5784, September 7<sup>th</sup>, 2024**

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

**Kiddush (Dining Room)**

**11:00 am** - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)

11:30 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

**1:00 pm** – **Seudat Shabbat (Dining Room)**

**4:15 pm** – "Shiur for Sabbat" with Guest Rabbi - English (Golan)

5:15 pm – "Shiur for Shabbat" - Hebrew (Golan)

6:15 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

**7:32 pm** – **End of Shabbat.** Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby.

***Shavua Tov!!!!!!***

## **Sunday 5<sup>th</sup> of Elul, 5784, September 8<sup>th</sup> , 2024**

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "The Value of Eretz Yisrael Through the Generations" with Rabbi Michael Tubiano-  
Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

**11:00 am – Felting Workshop (Part 2 of 2) (Coffee Shop) for those who participated last  
week**

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)**

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

**5:30 pm – "Tehillim" Shiur for Women with Ita Schneider-English (Lobby 2)**

**5:30 pm - "Chazanut and More"- Men's Singing Group, with Paul Salter (Coffee Shop)**

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Theater, Drama, Movement and Acting" with Paulina- Women - Hebrew and  
English (Golan)

6:35 pm – Mincha

6:50 pm – Shiur Gemara with Rabbi Natan Shapira

7:30 pm – Nature Film (Coffee Shop)

7:30 pm – Maariv

**Monday , 6<sup>th</sup> of Elul, 5784, September 9<sup>th</sup>, 2024**

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit

8:15 am – Water Exercise for Women

10:00 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:15 am –Exercise for Women with Esti (Golan)

10:45 am – "Kuzari" shiur with Rabbi David Biber- Hebrew (Beit Hakneset)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Brachi (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

**11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)**

2:00 pm – Tehillim for Women together with the Lobby Group (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

**4:30 pm – Birthday Party for Residents Born in Elul (Lobby)**

Led by Shlomo Wallach

Music with Akiva Margaliot

**Elul Birthday Celebrants**

**Binyamin Weinberg**

**Heidi Sugerman**

**Paula Sztrigler**

**Roberta Tobias**

**Miriam Friedland**

**Leah Schnieder**

**Yaffa Siverberg**



**6:30 pm- Yiddish Reading Group- led by Resident Eliyahu Tanis (Golan)**

6:35 pm – Mincha

6:50 pm – Shiur Gemara with Rabbi Natan Shapira

7:30 pm - Maariv

7:45 pm – Movie Night: **THE NOEL DIARY** (2022) (Golan) English with English subtitles  
*The story of a man who returns home on Christmas to settle his estranged mother's estate. Once there, he discovers a diary that may hold secrets to his own past and of a beautiful young woman on a mysterious journey of her own*

**Tuesday, 7<sup>th</sup> of Elul, 5784, September 10<sup>th</sup>, 2024**

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Chofetz Chaim— Laws of Lashon Hara" with Rabbi Shechter - English (Coffee Shop) Men & Women

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

**Makeup Workshop with Raisie (Dvir)**

*Easy Make-up tips and tricks to make you look even more beautiful*

**10:30 am- Hebrew**

**11:30 am -English**

**Registration at the Reception – Places Limited**



11:30 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

**3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)**

4:30 pm – Tehillim for Women (Lobby)



4:30 pm – "Orot Hateshuva- Harav Kook" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

**4:30 pm – "Pirkei Avot"** with Rabbi Ullman – English (Golan)

5:30 pm – "Halacha & Parashat Hashavua " with Rabbi Natan Shapira – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – "Smartphones, AI, Computers and more" with Ezra Shapira- English (Golan )

6:35 pm – Mincha

6:50 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and more " with Ezra Shapira- Hebrew (Golan)

7:30 pm - Ma'ariv

**Wednesday, 8<sup>th</sup> of Elul, 5784, September 11<sup>th</sup>, 2024**

7:00 – 09:00 am – Free Swimming for **Women**.

07:30 am – Shacharit

09:00 am – 13:00 pm – **Women's Clothing Sale with Gali** (Coffee shop)

09:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2)

09:30 – 10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara" with Rabbi Shechter -English) (Beit Haknesset)

10:00 am – Advanced Bone Building Exercise Class - For physically fit women (Nehora Studio)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:45 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

11:45 am – "Exercise for Women" with Leora - (Golan)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "**Yisrael and Yehuda Confront Challenges from Within and Without**"  
with Rabbi Yonatan Horowitz- English (Golan)

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with  
Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Establishing the Monarchy - Shaul, David and Shlomo"  
with Rabbi Yonatan Horowitz - Hebrew (Golan)

5:35 pm – "**In-depth Gemara Shiur in English**" with Rabbi Ullman – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:35 pm – Mincha

6:45 pm – Music in the Lobby with Sofia

6:50 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Coffee Shop)

7:30 pm - Ma'ariv

**Thursday, 9<sup>th</sup> of Elul, 5784, September 12<sup>th</sup>, 2024**7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit

8:15 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men****09:30 – Departure to the Weitzman Institute- pre registration at Reception**9:55 am – "Tai Chi" with Ari Breslau (Golan)

10:00 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)**11:00 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Coffee Shop)****11:00 am – Men's Feldenkreis exercise" with Reuven (Nehora)**11:30 am – Israeli Folk Dancing with Batsheva -Women (Golan)11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

**3:00 pm – 4:00 pm - Free Swimming for Men**

4:00 pm – Coffee &amp; Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Body Language, What Does it Tell Us?" with Shimon Kraut - English (Golan)**5:30 pm – "Body Language, What Does it Tell Us?" with -Shimon Kraut- Hebrew (Golan)

**6:30 pm - Thursday Afternoon on the Golan patio.  
Cool refreshments in the pleasant afternoon breeze.  
Musical accompaniment by Paul Keinan**



6:35 pm – Mincha

6:50 pm – Shiur Gemara with Rabbi Natan Shapira

7:30 pm – Ma'ariv

7:45 pm – Movie Night: **THE NOEL DIARY** (2022) (Golan) English with **Hebrew subtitles**  
*The story of a man who returns home on Christmas to settle his estranged mother's estate. Once there, he discovers a diary that may hold secrets to his own past and of a beautiful young woman on a mysterious journey of her own*

**Friday, 10<sup>th</sup> of Elul, 5784, September 13<sup>th</sup>, 2024**

7:30 am – Shacharit

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am – "Parshat Hashavua" with Rabbi Ullman – English (Golan)

**11:00 am-12:00 pm- Swimming for Men**

**1:00 pm** - The English Library is open

  
**Speedy Recovery to our dear residents who are hospitalized:**

**Shimon Tager** (*Shimon ben Devora*)

**Liba Gottesman** (*Liba bat Shaina Sara*)

**Claudette Shpangental** (*Kaila bat Sara*)

**Welcome**

Beit Tovei Hair residents, staff and management welcome

**Betzalel and Dora Shafran**

Who moved into apt. 145