



**Shabbat Va'era 5785**

## Visit to the National Archaeological Center Monday, January 27<sup>th</sup>

**Come be among the first visitors and discover the story of archaeological work in Israel!**

On the tour, we will see one of the most impressive buildings recently built in Jerusalem, learn the story of spectacular ancient mosaic floors, be exposed to remarkable finds, and discover surprising details about them, learn about the story of stunning ancient mosaic floors, be exposed to remarkable finds, and uncover surprising details about the laboratories for the preservation of the artifacts.

Come be among the first visitors and discover the story of archaeological work in the country!

**Leaving Beit Tovei Ha'ir at 10:30 am**

**Approximate Return: 12:45 pm**

**Price: 70 NIS** (Includes transportation, entrance fee and guided tour)



**Registration at the Front Desk**

### **MAZEL TOV!**

To **The Levuvi Family** on the birth of a great-grandson!

To **Leah Rosenzweig** on the birth of a great-granddaughter!

To **Michael Goldblatt** on the birth of twin great-grandchildren!

**Shabbat Parshat Va'era 5785**  
**Shabbat Mevarchin Chodesh Shevat**

**Rabbi Yehuda Rabinowitz**  
**Rabbi Israel Gad Seletski (Manager on Duty)**

**Friday, 24<sup>th</sup> of Tevet, 5785, January 24<sup>th</sup>, 2025**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am - "Parshat Hashavua" with **Rabbi Elan Adler** – English (Golan)

**11:00 am -12:00 pm - Swimming for Men**

**4:30 pm – Candle Lighting (Shekia – 5:10 pm)**

**Lighting in the Lobby must be completed before Mincha.**

**Afterward, please light only near the Coffee Shop.**



**4:50 pm – Mincha (Lobby)**

**5:05 pm – Kabbalat Shabbat (Lobby)**

Maa'riv

Seudat Leil Shabbat (Dining Room)

7:30 pm – "Parshat Hashavua" with Rabbi -Rabinowitz – Hebrew (Beit Knesset)

**Shabbat, 25<sup>th</sup> of Tevet, 5785, January 25<sup>th</sup>, 2025**

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

**Kiddush (Dining Room)**

**10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)**

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

**12:30 pm – Seudat Shabbat (Dining Room)**

4:30 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

**5:45 pm – End of Shabbat. Maa'riv (Beit Haknesset)**

**Havdalah** after Maa'riv in the Lobby.

**7:30 pm – Motzai Shabbat Concert with Erez Shmueli (Lobby)**

**Shavua Tov!!!!!!**



## **Sunday 26<sup>th</sup> of Tevet, 5785, January 26<sup>th</sup>, 2025**

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Charlap " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

11:30 am – 12:30 pm - Exercise Gym open for **Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

**2:15 pm – Painting class with Nofar (Coffee Shop) Group A**

♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyas, ♦Malka Chaimson,  
♦Shoshana Chadad ♦Vivien Kleinman ♦Esther Solomon ♦Chave Heftler

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

**4:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)**

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

**5:30 pm – "Tehillim" Shiur for women with Ita Schneider - English (Lobby 2)**

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina- Women - Hebrew and English (Golan)

06:30 pm – Maariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Nature Film (Coffee Shop)

**Monday, 27<sup>th</sup> of Tevet, 5785, January 27<sup>th</sup> , 2025**

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:15 am – Exercise for Women with Esti (Golan)

10:30 am – Leaving for The **National Archaeological Center**  
*Prior registration at Reception*



11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Brachi (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)

12:30 pm – Mincha

2:00 pm – Tehillim for Women with Lobby group (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)



**4:30 pm – Kabbalat Panim for Raisie and Meir Kleinhandler in honor of Sheva Brachot with Musical Accompaniment by Asaf (Lobby)**

5:30 pm – Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan) **change of day**

6:00 pm – Music in the Lobby with Yaakov

6:30 pm – Maariv

**6:30 - 7:15 pm** - The English Library is open

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset) – **change of day**

**6:45 pm - Yiddish Reading Group- led by Resident Eliyahu Tanis (Coffee Shop)**

7:30 pm – Movie Night: Details will be posted at Reception

**Tuesday, 28<sup>th</sup> of Tevet, 5785, January 28<sup>th</sup>, 2025**

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

**Haircuts for men with Yaakov the Barber-make your appointment at Reception**

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Chafetz Chaim—Laws of Forbidden Speech" with Rabbi Shechter - English (Coffee Shop) Men & Women

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

*Chaya Graus ♦Eva Lewis♦Naomi Garamé, ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder♦Varda Butcher ♦Chave Heftler ♦Rivka Amitzur*

11:30 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

**3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)**

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Treasure Hunt: Finding Meaning in our Daily Prayers" with Rabbi Estrin – English (Golan)**

**5:30 pm – "History of the Harp" with Harpist Shoshana Levy" – Playing with explanations – English - (Golan)**

**6:45 pm – Music in the Lobby with the "Kiryat Hayered" music group (Lobby)**

6:30 pm - Ma'ariv

6:30 pm – "Smartphones, AI, Computers and more" with Ezra Shapira - English (Golan)

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset) change of day

7:25 pm – "Smartphones, AI, Computers and more " with Ezra Shapira - Hebrew (Golan)

**Wednesday, 29<sup>th</sup> of Tevet, 5785, January 29<sup>th</sup>, 2025**

7:00 –9:00 am – Free Swimming for **Women**.

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

**9:00 am –1:00 pm – Mauricio's Sale: Toys, Books, Jewelry and Watches (Coffee shop)**

09:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2)

09:30 –10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Beit Haknesset)

10:30 am – "Exercise for Women" with Suri Ordman- (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

**10:35 am – Advanced Bone Building Exercise - For physically fit women with Naomi (Nehora)**

11:15) am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Coffee Shop)

**4:30 pm – "Rav Soloveitchik on Shemot" with Rabbi Aaron Adler - English (Golan)**

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

5:30 pm – "In-depth Gemara Shiur in English" with Rabbi Binyamin Margo – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)

**Thursday, 1st of Shevat, 5785, January 30th, 2025 - Rosh Chodesh Shevat**

7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

9:30 am - **Women Sing Hallel with musical accompaniment (Golan)**

10:00 am – "Tai Chi" with Ari Breslau (Golan)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

11:00 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Coffee Shop)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Advanced Exercise Class For physically fit women with Orah the Physiotherapist (Nehora)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3

3:00 pm – 4:00 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Coffee Shop)

4:15 pm – "Frankly Sinatra" A musical lecture with Yisrael Lutnick – English (Golan) Time Change

5:15pm – "Frankly Sinatra" A musical lecture with Yisrael Lutnick -- Hebrew (Golan)

6:30 pm – Ma'ariv

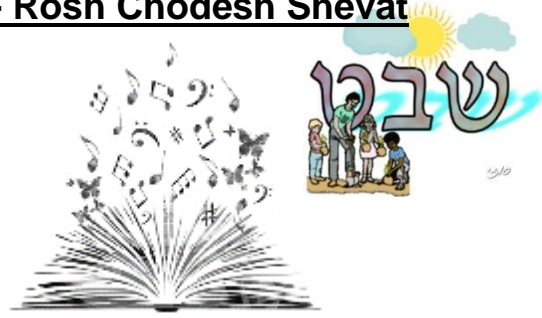
6:30 pm – "Fiddler Under the Roof" – music in the Lobby with Violinist Moshe Geisel (Lobby)

6:30 pm – Israeli Folk Dancing with Batsheva -Women (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:00 pm – Music and Singing for Women with Minna Shmuelevitz (Dvir)

7:30 pm – Movie Night: Details will be posted at Reception



**Davening Hours**

Shacharit –Berachot 7:20 AM,  
 Hodu 7:30 AM,  
 Minchah -12:30 PM  
 Maa'riv – 6:30 PM

**Tehillim for women**

Sunday-Thursday  
 Lobby 3 – 2:00 pm  
 Coffee Shop – 4:30 pm

**Meal Hours in Dining Room**

Lunch, 12:30-1:45 PM  
 (arrive by 1:15)  
 Coffee & Cake- 4:00 PM

**Swimming**

**Women:**  
 Sunday-Thursday 07:00-09:00  
**Men:**  
 Sun and Thurs 3:00pm-4:00 pm  
**Friday-** 11:00-12:00

**Meal Distribution Hours**

**Room Service**

Breakfast: 7:45-09:00  
 Lunch: 12:00-1:00  
 Dinner: 5:30-6:30

**Take Away**

Breakfast: 07:45-08:15  
 Lunch: 12:00-12:30

**Opening hours of Eitan's  
 Minimarket (on level -1)  
 Tel. 8104**

Weekdays 07:30-10:00 am  
 Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's  
 Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM  
 4:00-6:00 PM  
 Friday 10:00 am-12:00 noon

**YIFAT-**

**LADIES HAIRDRESSING**

Every Thursday, every other  
 Monday

in Nehora Wellness Center.

Make your appointment  
 at the front desk

**Medical Accessories Gemach**

open in the clinic  
 please speak with Sima or Pessi

**CLINIC HOURS**

**Weekdays**

9:00 am- 1:00pm  
 3:00-6:00 pm

**Friday**

09:00 am- 1:00pm