

Shabbat Terumah 5785

Are you interested in making sure that your home is as comfortable and safe as possible?

Become Involved! **The Vaad needs YOU!**

For more information speak to Julia – 054-5316988 or Chaim Tannen – 058-488-7547

Dear Residents,

In order to maintain the quality of life and a pleasant atmosphere in the building, we kindly ask you to inform your guests about the importance of keeping quiet and orderly conduct in the common areas.

We would appreciate it if you could emphasize the need to supervise children to ensure they do not run or make excessive noise in shared spaces, out of respect and consideration for all residents.

Thank you for your cooperation in maintaining a comfortable living environment for everyone!

"The Orange Gemach" – A game and toy lending *gemach* for young visitors.



.Stay tuned for updates regarding its operation

Want to get involved? Contact Yedida or Dafna.





Shabbat Parshat Terumah 5785
Shabbat Shekalim
Rabbi Yehuda Rabinowitz
Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 30th of Shevat, 5785, February 28th, 2025

1st Day Rosh Chodesh Adar

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)



9:40 am – "Women Sing Hallel" – Special for Rosh Chodesh Adar with Yael and Talya Kirsh



10:50 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan) **change of time**

11:40 am – "Parshat Hashavua" with Rabbi Elan Adler - English (Golan) **change of time**

11:00 am-12:00 pm- Swimming for Men

5:00 pm- Candle Lighting (Shekia – 5:40)

Lighting in the Lobby must be completed before Mincha.

Afterward, please light only near the Coffee Shop.

5:20 - Minchah (Lobby)

5:35 - **Kabbalat Shabbat** (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

8:00 pm – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz - Hebrew (Beit Haknesset)



Shabbat, 1st of Adar, 5785, March 1st, 2025 , 2nd Day Rosh Chodesh Adar

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

Kiddush (Dining Room)

10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

12:30 pm – **Seudat Shabbat (Dining Room)**

5:00 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

6:13 pm – **End of Shabbat.** Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby.



8:00 pm – Motzai Shabbat Concert: Variety of Jewish Music with the Chords Bridge Choir (Lobby)



Sunday 2nd of Adar, 5785, March 2nd, 2025

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Charlap " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

2:15 pm – Painting class with Nofar (Coffee Shop) Group A

◆Chana Tavel, ◆Marilyn Leiman, ◆Shoshana Fenyas, ◆Malka Chaimson, ◆Shoshana Chadad ◆Vivien Kleinman ◆Esther Solomon ◆Chave Heftler ◆Shoshana Jakobowitz

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

5:00 pm "משנכנס אדר מרבין בשמחה"

A special uplifting musical performance

with father and son–

Bernie & Asaf (Golan) 🎭🎵

6:30 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:30 pm – Maariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

Monday, 3rd of Adar, 5785, March 3rd, 2025



7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:15 am – Exercise for Women with Esti (Golan)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30pm - Yiddish Reading Group- led by Resident Eliyahu Tanis (Lobby 2)

4:30 pm – "**Brain-Boosting Thinking Games**" with David Goldman –English (Golan)
In the spirit of Adar and Purim. A nice souvenir for every participant! 🧠🍰

5:30 pm – "Brain-Boosting Thinking Games" with David Goldman –Hebrew (Golan)
 In the spirit of Adar and Purim. A nice souvenir for every participant! 🧠🍰

5:30 pm – "Tehillim" Shiur for women with Ita Schneider-English (Lobby 2)
Day Change

6:00 pm – Music in the Lobby with Yaakov

6:30 pm – Maariv

6:30 - 7:15 pm - The English Library is open

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Hakneset)

7:30 pm – Movie Night: **THE BOOK CLUB-THE NEXT CHAPTER**" (2023) (Golan) **English with Hebrew subtitles**

Follows the new journey of four best friends as they take their book club to Italy for the fun girls trip they never had. Comedy Starring Diane Keaton, Jane Fonda, Candice Bergen

Tuesday, 4th of Adar, 5785, March 4th, 2025

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

9:55 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Chafetz Chaim—Laws of Forbidden Speech" with Rabbi Shechter - English (Coffee Shop) Men & Women

10:30 – 11:30 – Exercise Gym open for **Women**

10:40 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garamé, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Chave Heftler ♦Rivka Amitzur

11:30 am - "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Pirkei Avot " with Rabbi Ullman – English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm - Ma'ariv

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapiro (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)





Wednesday, 5th of Adar, 5785, March 5th, 2025

7:00 –9:00 am – Free Swimming for **Women**.

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 – 1:00 – Gali's Clothing Sale – Women's Clothing (Coffee Shop)

9:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

09:30 –10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Beit Haknesset)

10:30 am – "Exercise for Women" with Suri Ordman- (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:35 am – Advanced Bone Building Exercise - For physically fit women with Naomi (Nehora)

11:15) am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30 pm – The English Library is open

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "Rav Soloveitchik on Shemot" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

5:30 pm – "In-depth Gemara Shiur in English" with Rabbi Ullman – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm - "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)

Thursday, 6th of Adar, 5785, March 6th, 2025



7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

9:55 am – "Tai Chi" with Ari Breslau (Golan)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

10:45 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Advanced Exercise Class For physically fit women with Orah the Physiotherapist (Nehora)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:15 pm – Musical Lecture for Purim with Nurit Kartin - English (Golan)

5:15 pm – Musical Lecture for Purim with Nurit Kartin - Hebrew (Golan)

6:30 pm – Ma'ariv

6:30 pm – **Israeli Folk Dancing with Batsheva -Women (Golan)**

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Movie Night: **THE BOOK CLUB-THE NEXT CHAPTER"** (2023) (Golan) **English with English subtitles**

Follows the new journey of four best friends as they take their book club to Italy for the fun girls trip they never had.. **Comedy Starring Diane Keaton, Jane Fonda, Candice Bergen**

Friday, 7th of Adar, 5785, March 7th, 2025 - Yahrzeit of Moshe Rabeinu

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am – "Parshat Hashavua" with Rabbi Ullman – English (Golan)

11:00 am-12:00 pm- Swimming for Men

MAZEL TOV!

To **Elisheva Genizi** on the marriages of a grand-daughter and grand -son!
To **Carmel Bloom** on the marriage of a grand-daughter!

Speedy Recovery

To **Chaya Milstein** who is hospitalized

Welcome

Beit Tovei Hair residents, staff and management welcome

Rose Rev

Who moved into apt. 153

Therapeutic & Relaxation

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