

Shabbat Tetzaveh, 5785



Registration for the Purim Meal

The Purim Seudah will take place on Sunday bezrat Hashem, **Sunday March 16, 2025 at 12:30 pm.**

Residents' families are invited to the meal, registration is mandatory.

Residents on the monthly meal plan will not be charged extra, but must register in advance.

Residents who are not on a monthly meal plan and wish to participate:

- Early registration (by Tuesday, 11th of Adar / March 11, 2025): **140 NIS per person**
- After this date: **155 NIS per person**

Guests from outside the facility:

- Early registration: **160 NIS per person**
- After this date: **175 NIS per person**

Coming Soon.....

On **Tuesday, March 18, 2025 (18th of Adar)**,
A special **Spring Trip** to **Kfar Ben Nun** in the **Gezer Regional Council**.

Program:

Picnic – Light breakfast
Visit to an olive press for olive oil production
Tour and tasting at a visitor center and winery
Scenic lookout over Gezer Forest with historical explanations

Cost: 95 NIS (all-inclusive)

Limited spots available

Advance registration required at the Reception



Message from the Torah Department

Purim Meshulash

This year, 15 Adar (the day on which Purim is generally observed in Jerusalem) occurs on Shabbat.

When this happens, the Fast of Esther is on Thursday, and the observances of Purim are divided over the course of Friday, Shabbat, and Sunday. This is referred to as "**Purim Meshulash**", the three-fold Purim.

The division of observances is as follows:

Thursday Afternoon – Giving of the **Machzit HaShekel** (the symbolic half-Shekel).

Thursday Night/Friday – Reading of **the Megillah**, and giving **Matanot l'Evyonim** (monetary gifts to the needy).

Shabbat – Reciting the additional Purim prayer (Al Hanissim) in Shemonei Esrei and Birkat HaMazon, and Reading the Purim Torah portion.

Sunday – **Mishloach Manot** (mutual food gifts), and the **Purim Feast**.

In addition, we have planned various events over these days to enhance the festive spirit at Beit Tovei Ha'Ir. These include a Purim party after the Megillah on Thursday night, an additional, late Megillah reading on Friday. Next week we will be having an Oneg Shabbat gathering after the Friday night meal, Purim Festivities and Costume Pageant on Sunday morning, concluding with a Gala Purim Seuda.

Megillot will be provided for your convenience. A venue to give Machzit HaShekel will be provided in the Beit HaKnesset and at Reception. Matanot l'Evyonim can be given to any of the rabbis for distribution to the needy.

The above-mentioned observances and events will be presented in detail in this and the coming bulletin. As always, and in all matters, the rabbis and staff are available to discuss and clarify any of the above.

On behalf of the Administration, The Torah Department, and the entire staff, we wish you
and your loved ones a Happy Purim!

Shabbat Parshat Tetzaveh 5785

Shabbat Zachor

Rabbi Soloff

Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 7th of Adar, 5785, March 7th, 2025 – Yahrzeit of Moshe Rabbenu

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am - "Parshat Hashavua" with Rabbi Ullman – English (Golan)

11:00 am -12:00 pm - **Swimming for Men**



5:05 pm – Candle Lighting (Shekia – 5:45 pm)

Lighting in the Lobby must be completed before Mincha.

Afterward, please light only near the Coffee Shop.

5:25 pm – Minchah (Lobby)

5:40 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)



8:00 pm – "Parshat Hashavua" with Rabbi Soloff - Hebrew (Beit Haknesset)

Shabbat, 8th of Adar, 5785, March 8th, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

9:45 am (approx) – Parshat Zachor (Lobby)

Kiddush (Dining Room)

10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

12:30 pm – Seudat Shabbat (Dining Room)

5:05 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

6:18 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby.



7:45 pm – Motzai Shabbat Concert with Pianist Doriav Menashe (Lobby)

Shavua Tov!!!!!!

Sunday 9th of Adar, 5785, March 9th , 2025

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Charlap " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – 12:30 pm - Exercise Gym open for **Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

2:15 pm – Painting class with Nofar (Coffee Shop) Group A

◆Chana Tavel, ◆Marilyn Leiman, ◆Shoshana Fenyas, ◆Malka Chaimson, ◆Shoshana Chadad ◆Vivien Kleinman ◆Esther Solomon ◆Chave Heftler ◆Shoshana Jakobowitz

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

5:30 pm – "Tehillim" Shiur for women with Ita Schneider-English (Lobby 2)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:30 pm – Maariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)



Monday, 10th of Adar, 5785, March 10th, 2025



7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:15 am – Exercise for Women with Esti (Golan)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30pm - Yiddish Reading Group- led by Resident Eliyahu Tanis (Lobby 2)

**4:30 pm – "Patterns in Time: The Historical Message of Purim"
with Rabbi Felberman - English (Golan)**

5:30 pm – "Patterns in Time: The Historical Message of Purim"
with Rabbi Felberman - Hebrew (Golan)

6:00 pm – Music in the Lobby with Yaakov

6:30 pm – Maariv

6:30 - 7:15 pm - The English Library is open

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Hakneset)

7:30 pm – Movie Night: "Matchmaking" – An Israeli film (Golan) **Hebrew**

Moti Bernstein, the prodigy of the yeshiva, an Ashkenazi from a good family and handsome in appearance, reaches the right age and begins— as the ultimate match in the Haredi world— to meet young women from the Haredi community, both from Israel and abroad. However, Moti encounters the one girl he can never be matched with— and yet, she is the only one he wants to be with. His world is shaken, and he is forced to take a drastic step in order to bend the matchmaking system in favor of love.

Tuesday, 11th of Adar, 5785, March 11th , 2025

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30 — A Morning of Giving (Golan)
 Packing Mishloach Manot,
 Led by Mrs. Sarah Gal, mother of Michael Gal HY"D .
 Everyone is invited to take part in the activity.



9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Chafetz Chaim—Laws of Forbidden Speech" with Rabbi Shechter -
 English (Coffee Shop) Men & Women

10:30 – 11:30 – Exercise Gym open for **Women**

11:00 am – "From the Book of Esther to the Iron Swords War" with Dr. Avichai Kellerman,
 son of resident Doba Kellerman – Hebrew (Dvir)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**
*Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha
 Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Chave Heftler ♦Rivka Amitzur*

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Hakneset)

11:45 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan) **time change**

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)



4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Pirkei Avot " with Rabbi Ullman – English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm - Ma'ariv

**6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English
 (Golan)**

6:45 pm – Shiur Gemara with Rabbi Natan Shapiro (Beit Hakneset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)



Wednesday, 12th of Adar, 5785, March 12th, 2025

7:00 –9:00 am – Free Swimming for **Women**.

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 am –1:00 pm Aviva's Sale: Clothing, Undergarments, Cosmetics and Gifts (Coffee shop)

9:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

09:30 –10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Beit Haknesset)

10:30 am – " Exercise for Women" with Suri Ordman- (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:35 am – Advanced Bone Building Exercise - with Naomi (Nehora)

11:15) am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "The Command to Wipe out Amalek" with Rabbi Yonatan Horowitz - English (Golan)

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Mordechai Would Not Bow" with Rabbi Yonatan Horowitz - Hebrew (Golan)

5:30 pm – "**In-depth Gemara Shiur in English**" with Rabbi Ullman – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)

Thursday, 13th of Adar, 5785, March 13th, 2025 – Fast of Esther

7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women



10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

10:45 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Advanced Exercise Class For physically fit women with Orah the Physiotherapist (Nehora)

12:30 pm – Mincha

2:00 pm – Tehillim for Women (Lobby 3)



3:00 pm – 4:00 pm - Free Swimming for Men

4:15 pm – Shiur for Taanit Esther with Binyamin Margo - English (Golan)

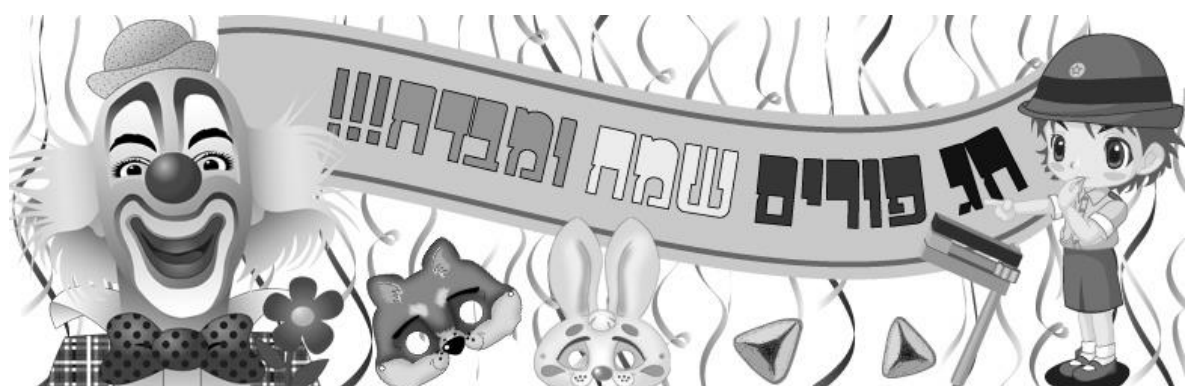
4:30 pm – Tehillim for Women (Coffee Shop)

5:30 pm – Recorded Shiur for Taanit Esther – Hebrew (Golan)

Purim Meshulash – Reading of Megillah

6:10 pm – Ma'ariv and Megilat Esther – (Lobby)

After the Megila – Breaking of the Fast and Simchat Purim (Dining Room)



Friday, 14th of Adar, 5785, March 14th, 2025 – Purim D'Prazin – Reading of the Megillah, and Giving Matanot L'Evyonim

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

8:10 am (approx.) Megilat Esther (Beit Haknesset)

10:00 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset) **change of time**

11:00 am – Second Megillah Reading (Beit Haknesset)

11:00 am-12:00 pm- Swimming for Men



Speedy Recovery

To **Chaya Millstein** (*Chaya bat Chana Hinda*) who is hospitalized



Welcome back to Rav Ullman!



ANNOUNCEMENTS

Weight loss support with, Genesis, the Nutritionist on Tuesday mornings (additional charge).

For more details and registration contact Ruchie the secretary, at 02-531-8403.

Dear Residents!
 If the elevator gets stuck and you are in it,
 The alarm bell must be pressed **for 7 consecutive seconds**
without letting go

Please Note!!!
If the elevator is on Shabbat mode,
when the buzzer sounds
DO NOT TOUCH THE DOOR & DO NOT ENTER!!

You are kindly requested to sign your name in the "In/Out Sign-In Sheet" before you leave the building and upon returning home.
 Residents who leave for Shabbat, must notify the Reception
 We thank you for your assistance.



**Discover the perfect way to relax.
 Come in once to try it. Return for the
 results.
 To Book a Massage call :
 Tali – 054-671-5300**

Davening Hours

Shacharit –Berachot 7:20 AM,
 Hodu 7:30 AM,
 Minchah -12:30 PM
 Maa'riv – 6:30 PM

Tehillim for women

Sunday-Thursday
 Lobby 3 – 2:00 pm
 Coffee Shop – 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
 (arrive by 1:15)
 Coffee & Cake- 4:00 PM

Swimming

Women:
 Sunday-Thursday 07:00-09:00
Men:
Sun and Thurs 3:00pm-4:00 pm
Friday- 11:00-12:00

Meal Distribution Hours**Room Service**

Breakfast: 7:45-09:00
 Lunch: 12:00-1:00
 Dinner: 5:30-6:30

Take Away

Breakfast: 07:45-08:15
 Lunch: 12:00-12:30

**Opening hours of Eitan's
 Minimarket (on level -1)
 Tel. 8104**

Weekdays 07:30-10:00 am
 Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's
 Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM
 4:00-6:00 PM
 Friday 10:00 am-12:00 noon

YIFAT-**LADIES HAIRDRESSING**

Every Monday and Thursday
 in Nehora Wellness Center.

Make your appointment
 at the front desk

Medical Accessories Gemach

Open in the clinic
 Please speak with Sima or Pessi

CLINIC HOURS

Weekdays
 9:00 am- 1:00pm
 3:00-6:00 pm
Friday
 09:00 am- 1:00pm